





#### PAYPAL PULLS NC PLAN AFTER TRANSGENDER BATHROOM LAW

PayPal Holdings Inc. on Tuesday canceled plans to open a global operations center in Charlotte, North Carolina, and invest \$3.6 million in the area after the state passed a controversial law targeting LGBT citizens. The digital payment company's protest is the first by a major business after North Carolina became the first state last month to enact a measure requiring people to use bathrooms or locker rooms in schools and other public facilities that match the gender on their birth certificate rather than their gender identity.

#### REBELS SHOOT DOWN SECOND SYRIAN JET IN A MONTH

Rebels shot down a second Syrian warplane in less than a month on Tuesday and reportedly captured its pilot in an area near Aleppo where heavy fighting has erupted in recent days despite a cessation of hostilities agreement. The Syrian army said the jet was shot down with an anti-aircraft missile — the same type of weapon it says was used to shoot down a warplane in western Syria in March — but rebels accused Damascus of fabricating the claim, saying the plane was downed with anti-aircraft guns. Foreign-backed rebels have long demanded anti-aircraft weapons to fight against devastating aerial raids by Syrian and, since September, Russian forces. But their backers, which include Western and Sunni Muslim regional states, are wary of delivering weapons that could fall into the hands of hardline groups. REUTERS

#### UNITED FLIGHT ATTENDANT LEAVES PACKED PLANE ON SLIDE

A United Airlines flight attendant deployed an emergency evacuation slide on an airplane after it arrived in Houston and used it to exit a plane packed with passengers, an airline official said on Tuesday. "It is our understanding that she deployed it intentionally," said United Airlines spokesman Charlie Hobart, adding airline officials have been speaking with the flight attendant to see why she deployed the slide in the incident that took place on Monday. In a video shown on Houston TV station KPRC, the flight attendant tosses her bag out of a door behind the cockpit and slides down the slide. She grabs the bag and walks away from the plane, which was at full



Seedlings TRUE LEAVES FLOR

# A 'seed-to-vase' farm sprouts in Bushwick

All the flowers sold by True Leaves Floral will be grown right in Jessica Balnaves' backyard and personally delivered.



ANGY ALTAMIRANO @MetroNewYork letters@metro.us

A homegrown business that aims to connect the community and celebrate local beauty is blooming in Bushwick.

Jessica Balnaves and Ryann Mead are the two women behind True Leaves Floral, a brandnew business that plans to grow flowers right in Bushwick and sell the handpicked arrangements to homes, businesses and local markets.

"We love flowers, we find them to be incredibly inspirational," Balnaves said. "We want another way to bring our community together."

The idea behind grow-

The idea behind growing the flower farm came after the two friends noticed that although many people were growing different vegetables in the community, there was not much going on with locally grown flowers.

According to the women, most Americans tend to buy their flowers from abroad so their goal is to bring the business back home.

Through True Leaves Floral, the duo plans to sell Community Supported Agriculture-style, subscription-service bouquets



Ryann Mead and Jessica Balnaves

#### Kickstarter

To help fund this project, the Brooklyn duo has turned to Kickstarter to raise money that would go toward paying for things such as wood for flower beds, soil and compost, gardening tools, seeds, bases, transportation costs and much more.

As of Tuesday afternoon, the campaign garnered over \$2,800 of its \$5,000 goal, and for Balnaves and Mead, the support shows how much people want the product.

"People are asking left and right. This just shows that the market needed something like this," she said. "I just want to show people that you can grow these things here [in New York City]. It's truly a magical

in handpicked vintage vases for both residents and businesses.

Along with the bouquets, True Leaves Floral will also offer customers flower crowns, flower wristlets, herbal teas, floral waters and more — all created from the flowers grown right in Balnaves' Brooklyn backyard at 231 Covert Street.

"It just felt like a really nice thing to bring to the community." Balnaves said. "It's really exciting. We're just happy to be doing it and for people to be excited to do it."

Through growing a variety of flowers at the farm, different bouquets will be created — meeting everyone's different needs and pockets. For example, there will be high-end bouquet arrangements made with high-end flowers and also bouquets created using a variety of garden flowers.

"We really are going to try to make bouquets for everybody — for everybody to be able to afford and to be able to love and bring to their space," Balnaves said.

The goal also aims to allow clients to continue to use the flowers, which will all be grown organically, even once they've dried up. For example,

the flowers that will be used on the wristlets and crown are used specifically because of what they look like when they dry.

Another example of customers being able to continue using their flowers include the herbal bouquets, which not only look nice but could also be used in the kitchen.

"I definitely don't want people's experience to stop at just buying the bouquet," Balnaves said.

Along with bringing locally grown flowers to the neighborhood they call home, Balnaves and Mead also hope True Leaves Floral brings together the community and also allows others to learn more about urban farming.

Balnaves added that

Balnaves added that once the farm is open — which is slated for around June — they will invite other urban farmers to come to their farm and talk about their experiences, while also educating others on how they can potentially grows gardens of their own.

They also plan to build a relationship between themselves and the community through hand-delivering products, offering instructions on how to care for the flowers and also continue updating social media so people can see what is in season and what is available at the farm.

"As an urban farmer, it's a lot about community because it's not easy to grow in New York City," Balnaves said. "We want to be real transparent and anybody can come to the space."





#### **HOME OF 2 INVENTORS**

- 1. Inventor of the DentalVibe Injection Comfort System
- 2. Inventor of the Snap On Smile





# NEW PATIENT OFFER Exam, Cleaning, and X-rays for

\$99

Extended Special from our lvy League trained Dentists Special Whitening Pen



State Of The Art Cosmetic, General & Restorative Dentistry
Invisalign 2015 Preferred Provider - Free Consultation • Implants

- Root Canals Periodontal Treatments Crowns & Veneers
- Teeth Whitening
   Emergency Same Day Dental Treatment

1995 Broadway, Suite 200 New York, NY 10023 Visit us online at www.manhattandentalarts.com

212-957-6453

(SMILE) 😡

MANHATTAN DENTAL ARTS COSMETIC, GENERAL & RESTORATIVE DENTISTRY

FREE

with DA VINCI Smile Preview Imaging Software!

#### **BRIEF**

#### Subway delays after train strikes alleged phone thief Subway delays plaqued the

Tuesday morning commute after a man who allegedly stole a 13-year-old boy's cellphone attempted to flee in a subway tunnel but was struck by a train.

The unidentified subway rider who ended up on the tracks was struck by a train near the 65th Street station in Woodside around 8 a.m. Tuesday, officials told the New York Daily News.

Before being hit, the man allegedly snatched a boy's cellphone, which started a fight with another customer on the platform at the Northern Boulevard station. After the man allegedly tried to flee by running into a tunnel, M and R service was rerouted, but a train apparently sideswiped the man, the MTA reported.

Power turned off all tracks while authorities responded to the man, who suffered non-lifethreatening injuries.

Because of the incident, E, F, M and R train service was canceled before resuming with delays, ABC7 reported. The man who was hit was taken to Elmhurst Hospital for treatment, witnesses and an FDNY spokesman told the Daily News. JASON NUCKOLLS

## Whole Foods targeted in transgender lawsuit

Victor King claimed that he was referred to as "she, her or it" at work and that one supervisor allegedly told him, "I know you are not a guv."



A man claiming he was humiliated daily at a Chelsea Whole Foods has now filed suit against the company alleging discrimination.

Victor Alexander King, 21, filed a lawsuit Saturday in Manhattan claiming that Whole Foods staff discriminated against him in connection to his transgender status, the New York Post has reported.

King claimed he was referred to as "she, her or it" at work and that one supervisor allegedly told him, "I know you are not a guy. I am not going to refer to you as a guy," the Post reported.

King quit working at Whole Foods in March after the insults allegedly continued even after supervisors had sensitivity training, according to the

While a company spokesperson said Whole Foods has not yet reviewed the lawsuit, the company has "long cel-ebrated diversity," the Post added.



A Whole Foods store GETTY IMAGES

#### Brooklyn's first permanent cat café aims to be the 'purr'-fect community member

Brooklyn, there is some purr-fect news coming your way.

This May, the borough will welcome its first permanent cat cafe at 149 Atlantic Ave. in Brooklyn Heights, where visitors will be able to enjoy some time with adoptable cats and kittens.

The cafe - which will hold its grand opening May 6 — is being run by the Brooklyn Bridge Animal Welfare Coalition Inc. (BBAWC), a nonprofit that focuses on improving the welfare of abandoned animals that are looking for a helping

BBAWC opened a pop-up cat cafe in Fort Greene last September at 354 Myrtle Ave., but it was open only through October, according to Gothamist.

However, BBAWC President Anne Levin said the group is coming back to the neighborhood where it started back in



Come for the coffee, stay for the felines. DEVIN CASKIE

2007 and is looking to be available for the com-

Although BBAWC encourages people to come and enjoy some time with the kittens and cats, Levin added that, unlike other cat cafes, a big emphasis at its cafe will be on education.

"People are going to come here and have a great time with friendly adoptable cats, and we want them to do that, but a really important part of our goal is going to be outreach and education about how great animals are, what people can do, how they can help," Levin

The cafe will feature educational programs, classes and will also look into working with other individual rescuers.

Some topics that will be discussed include highlighting problems that come with rescues, learning about the situation of cats in New York City and emphasizing why it is important to spay or neuter cats.

'[We want to] make sure any kids who come in maybe learn a little interesting things about cats, while they are having a good time," Levin said. She added that, although everything is still in the preliminary phase, BBAWC would like to work with the

ASPCA and local vets, along with organizations that help victims of domestic violence and human trafficking, to give the people those groups serve private time with the cats.

And although education is a big part of the cafe, Levin wants potential visitors to know that they can also just come in and enjoy some much-needed time with the cats. There will also

be extra information for anyone interested in learning more about certain topics.

"We're not going to sit there and lecture everyone," she said. "We want the superpower of cats to be shared with everyone."

All proceeds from the cafe will go toward the rescue community, including local animal rescue groups, to continue funding medical assistance for rescued

Starting May 6, the cafe will be open Wednesdays, Thursdays and Fridays from 3 p.m. to 7 p.m. and on the weekends from 11 a.m. to 7 p.m. Admission — which will get you 30 minutes with the adorable felines — is \$5 and children under 3 years old are free.

For more information or to get a ticket for the 6 p.m. grand opening on May 6, visit catcafebk. COIII. ANGY ALTAMIRANO

# FLYTHE FROM JFK TO TOKYO ON APRIL 9, 2016





**CAMPAIGN PERIOD: Until April 17, 2016** 

#### BB-8" ANA JET SWEEPSTAKES CAMPAIGN

Enter for a chance to win a BB-8™ ANA JET Model Plane! Check details at www.fly-ana.com

NO PURCHASE NECESSARY. VOID WHERE PROHIBITED BY LAW.

Must be 18 years or older, a legal resident of the United States. Campaign Rules: https://www.ana-sw.com/detail/?id=47

ANA, Japan's leading airline, operates twice daily to Tokyo from JFK. More about ANA Star Wars project, visit www.fly-ana.com and Facebook.com/ana.northamerica.

· The operation date may change without prior notice. · All photos are provided for reference purposes only.

© & TM Lucasfilm Ltd.

METRO.US
WEDNESDAY, APRIL 6, 2016

### Killer in infamous 1964 Kitty Genovese case dies in prison

The case inspired numerous psychology studies as well as books, television shows and songs.

The convicted murderer of Catherine "Kitty" Genovese, a 28-year-old New York City bartender whose 1964 slaying became a notorious symbol of urban indifference, has died in prison at age 81, corrections officials said on Monday.

Winston Moseley was serving a life sentence for the rape and stabbing death of Genovese and a series of other sexual and violent crimes, including some committed while he briefly escaped prison four years after his first incarceration.

He died on March 28 at the maximum-security prison in Dannemora, New York, state Department of Corrections and Community Supervision spokesman Thomas Mailey said in an email. The cause of death had not yet been determined.

Genovese had finished her shift as a sports bar manager about 3 a.m. on March 13, 1964, when Moseley, who did not know her, followed her back to her home in the New York City borough of Oueens.

He stabbed Genovese in the back twice before a neighbor called out from an apartment window: "Leave that girl alone" and frightened him away.

Genovese collapsed near an entrance to her building, where Moseley returned 10 minutes later. He stabbed her again, and then raped and robbed her. A neighbor came to Genovese's help in the final moments before she died.

Initial reports of the incident said Genovese repeatedly cried out for

help during her attack while dozens of neighbors ignored her pleas. Those reports were later disputed.

The New York Times wrote on Monday that its story headlined: "37 Who Saw Murder Didn't Call the Police," published two weeks after the crime, "grossly exaggerated" the number of witnesses and their reported indifference.

But the murder came to symbolize the "bystander effect," a psychological concept that the presence of others discourages an individual from intervening in an at-



Winston Moselev creative commons

tack or other emergency.
The case inspired numerous psychology studies as well as books, tele-

vision shows and songs.

Moseley was denied parole for an 18th time in

November. REUTERS

#### **BRIEF**

#### Early morning Bronx subway slashing and robbery leaves 2 train service disrupted, suspects at large

The NYPD is looking for two men possibly involved in a slashing and robbery at a Bronx subway station.

Around 1:15 a.m. on Tuesday, as a 2 train approached the Jackson Avenue station, a rider was slashed in the face and robbed of his backpack, CBS2 reported.

The victim, 26, got off at the Jackson Avenue station, but the suspects continued on the train, CBS2 added.

The suspects were described as two men in their 20s, according to ABC7. The victim was moved to Lincoln Hospital in stable condition.

"This is one of the few crimes that is going up," Police Commissioner Bill Bratton was quoted by CBS2, describing New York's slashing and stabbing trend. "At the same time it's going up at a level that is a concern to us, that's the additional effort we're putting into it."

Southbound 2 trains were bypassing Jackson Avenue as police conducted an investigation into the Tuesday morning slashing, ABC7 added.

People with information about this incident are asked to call the NYPD's Crime Stoppers at 1-800-577-TIPS or 1-888-57-PISTA for Spanish.



There were disruptions on the 2 train following the incident. FILE PHOTO

## DA: Violent Queens acid attack part of \$750,000 embezzlement

Three people have been charged in an alleged embezzlement scheme that resulted in a vicious acid attack on a non-profit organization's executive director.

District Attorney Richard Brown and Police Commissioner William Bratton announced Tuesday that three people have been arrested and variously charged for embezzling more than \$750,000 from Hospital Audiences Inc., a Queens nonprofit, in a scheme that also involved throwing a caustic liquid onto a woman's face in an effort to conceal the alleged theft.

Brown said that Kim Williams, 47, worked as an accountant at Hospital Audiences when she used her position to steal money, some of which she gave to her friend Pia Louallen, 41, between 2012 and 2015, the DA's office stated.

To allegedly conceal her theft, Williams arranged for Jerry Mohammed. 32. to assault the



The scene of the incident, GOOGLE MAPS

"This case is troubling on so many different levels."

organization's executive director, the Rev. D. Alexandra Dyer, the DA reported. Mohammed is charged in connection to that assault, in which the DA stated that he threw a caustic substance at Dyer as she was walking to her car.

Dyer underwent multiple surgeries to recover from the attack, DA Brown added.

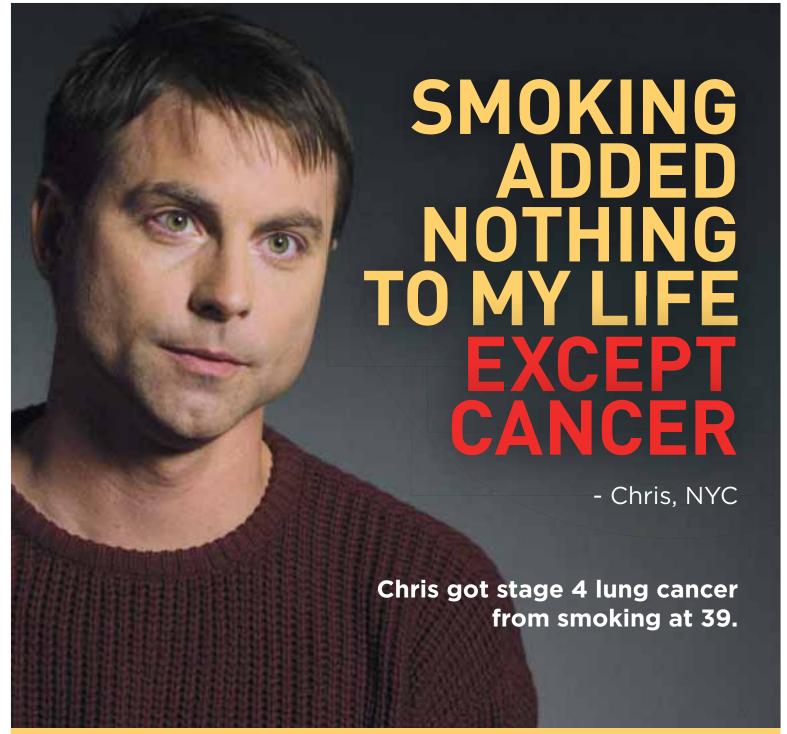
"This case is troubling on so many different levels. In an atmosphere of such giving, it is disheartening to see an individual allegedly use her position of fiduciary trust to siphon off tens of thousands of dollars in funds for the personal use of herself and another," the district attorney stated. "More disturbing, perhaps, is the same individual allegedly conspiring with another individual to intentionally seriously injure an innocent victim as part of a cover-up."

Williams has been charged with various levels of assault, conspiracy, theft and falsification, and Louallen has been charged with grand larceny and conspiracy, the district attorney added.

Mohammed, who faces life in prison, has been charged with assault, conspiracy and criminal possession of a weapon, according to the DA

"As alleged, the investigation revealed the defendants embezzled and then severely injured the victim in an elaborate cover-up scheme. Today, three find themselves under arrest for this brazen crime," Commissioner Bratton stated.

JASON NUCKOL



You may be eligible for New York City's

NICOTINE PATCH & GUM GIVEAWAY
LIMITED TIME ONLY: NOW THROUGH APRIL 13

#### **QUIT SMOKING TODAY.**

For free medication and other help, visit nysmokefree.com or call 311 or 866-NYQUITS



10 NEW YORK WEDNESDAY, APRIL 6, 2016

#### Deliveryman robbed of cash, food in elevator

Police are looking for three suspects.



Police were looking for a trio of alleged robbers they say mugged a man last month while he was delivering food to a Manhattan apartment.

On March 11 at about 9 p.m. the three suspects approached the 39-year-old victim while inside an elevator at 600 W. 142nd St., according to authorities.

The three individuals then took \$280 in cash from the victim, along with the food he was delivering, police said. The suspects then fled to an unknown location.

Police described the suspects as between 18 and 20 years old. The first is a black man who was last seen wearing a hoodie and blue jeans, and the second suspect is described as a black man also wearing a hoodie. The third suspect is described as a black woman who was wearing a gray hoodie and dark jeans.

Anyone with information in regards to this incident is asked to call the NYPD's Crime Stoppers Hotline at 1-800-577-TIPS (8477) or for Spanish, 1-888-57-PISTA (74782).

The public can also submit their tips by logging onto the Crime Stoppers website or by texting their tips to 274637 (CRIMES) then enter TIP57.







Surveillance footage shows the three suspects **PROVIDED** 

#### NOW is the time to take care of YOUR BODY!

- ☑ Varicose Veins ☑ Heaviness
- ☑ Leg Ulcers
- ☑ Spider Veins
- Pain/Burning
- Restlessness

☑ Fatigue Cramping

☑ Swelling

☑ Itching

Frustrated with previous treatments, services and poor results?

Trust the doctor that cares about you!





- Personal & discrete care delivered directly Ronald Lev, MD
- Certified by the American Board of Venous and Lymphatic Medicine and the American Board of Anesthesiology
- No downtime
- 15 minute minimally invasive procedures
- Consistently ranked #1 Vein Doctor in NYC by our patients

Tired of long diets, juice cleanses & lotions? Smart Lipo Laser Body Countouring

GET RID OF ...

E Double Chin





TreatmentsOfManhattan.com DILEV-TREATMENTSOFMANHATTAN.COM.

212.204.6501

111 John St, Ste 1450 the cur a read St. New York, NY 10038

Most Vein Treatments Covered by Major Health Insurances including Medicare

EVENING APPOINTMENTS AVAILABLES

#### NYPD: Man threatens to shoot teens in separate Harlem robberies

The NYPD has released surveillance video of a suspect they say is wanted for three separate robberies in the past two months in which he targeted teens entering their apartment buildings.

The first incident occurred on March 19 at about 1:15 p.m. near West 111th Street and Lenox Avenue when the suspect followed a 16-year-old boy into his apartment building's elevator, police said. There the suspect threatened to shoot the victim if he did not give up his cellphone. The boy listened and the suspect ran off.

Two days later on March 21 at about 4 p.m. again near West 111th Street and Lenox Avenue, the suspect followed a 17-year-old boy into the elevator of his apartment building, according to cops. The suspect once again threatened to shoot the victim if he did not hand over his property. The boy listened and gave the man his cellphone, \$10 and a MetroCard. The suspect then fled.



The suspect struck again this past weekend on April 3 at about 9:50 a.m. near West 111th Street and St. Nicholas Avenue when he followed an 18-year-old victim into his apartment building's elevator, according to authorities. The suspect again threatened to shoot the victim if he did not give him his property, however the victim refused and pushed his way past the man – who then fled the building.

Police described the suspect as a black man, between 20 to 25 years old, 6 feet tall and 150 pounds. He was last seen wearing a black hooded jacket and jeans.

Tips can be sent to the NYPD's Crime Stoppers Hotline at 1-800-577-TIPS (8477). Angy altamirano

#### **BRIEF**

#### Bronx barbershop robbed as stylist cuts customer's hair The NYPD is seeking two individu-

als in connection with a barbershop robbery on Friday night.

Around 8:30 p.m. on Friday, two men walked into Manuel's Style Barbershop at 3028 Buhre Ave. in the Bronx and robbed a stylist as he was cutting hair, police reported. His customer watched the incident from the barber chair. The individuals allegedly took the haircutter's chain and bracelet before fleeing on Jarvis Avenue, police added.

One suspect was described as a black man who was approximately 6-foot-2 and 200 pounds and wearing gray sweats, and the other was a black man approximately 5-foot-8, 160 pounds and wearing a camouflage outfit.

Anyone with information should call the NYPD's Crime Stoppers Hotline at 1-800-577-TIPS or, for Spanish, 1-888-57-PISTA.

## SPRING SPECIAL



\$595\*
Implant

\*Must be completed at our office to qualify for promotional fees

Complete tooth replacement with post and crown

\$1295<sup>\*</sup>

OFFER EXPIRES 4/15/2016

\*All work must be completed at Right Choice
Dental Implant Center to qualify for promotional fee of \$1295 for
Complete Tooth Replacement. Limit 3 implants per patient.
Full payment due upon commencement of treatment.

### Right Choice Dental Implant Center

Invisalign® Special Complete Case
Only \$3999

Manhattan Location 50 Broadway Suite 2001 New York, NY 10004 **2** Convenient Locations

Speak with your Smile Today!

**Long Island Location** 601 Franklin Ave Suite 100

Garden City, NY 11530

## FREE CONSULTATION REPLACE MISSING TEETH PERMANENTLY

Must bring this ad on your first visit.

646-791-8075

www.Rightchoicedentalimplantcenter.com

**CALL** 

Se Habla Español

Mention you saw us in Metro Newspaper

TODAY!





#### RACE FOR THE WHITE HOUSI



# Trump would try to squeeze Mexico into funding border wall

Donald Trump proposed Tuesday forcing Mexico to pay for his planned border wall by threatening to block remittances from illegal immigrants, which he said amounts to "welfare" for poor families in Mexico that their government does not provide.

The Republican presidential candidate's campaign said in a memo that if elected in November, Trump would use a U.S. antiterrorism law to cut off such money transfers unless Mexico made a one-time payment of \$5 billion to \$10 billion for the wall.

Trump's pledge to build the wall has been a much-touted highlight



Donald Trump GETTY IMAGES

of a platform targeting illegal immigration in the United States that has helped make him the front-runner to be the Republican nominee for the Nov. 8 election.

It is unclear how much a wall along the nearly 2,000-mile U.S.-Mexico border would cost, and Mexico has been adamant it would not pay.

The memo elaborated on an idea Trump floated in August, when he suggested seizing all remittances tied to "illegal wages."

It said that upon taking office a Trump administration would propose a rule mandating companies such as Western Union Co. to require customers to prove they were legally in the United States. If Mexico agreed to fund the wall, Trump would drop the proposed rule, it said.

"It's an easy decision for Mexico," his campaign said, adding the country receives about \$24 billion a year in remittances from Mexicans in the United States. REUTERS

# Health Care Policy and Administration

Advanced and Undergraduate Certificate Options Available

Expand your knowledge. Advance in your career.



Attend an Info Session: April 8, 6:00 pm sps.cuny.edu/metrohealth 25 West 43rd Street, 19th Floor

#### Learn from Scholars and Practioners in courses such as:

- The Politics of Health
- Urban Health Issues and Public Policy
- → Health Disparities
- Health Care Administration

Credits for those cortificates can be applied towards one of our Britan Studies bachelor's or master's degrees.

The Murphy

CUNY School of Professional Studies



Education That Works As Hard As You Do'

13

#### San Francisco could be first US city with fully paid parental leave

If approved, the measure would provide new moms and dads in the private sector with six weeks of time off, nearly doubling the pay they are now eligible to collect under California law.

San Francisco could become the first U.S. city to mandate fully paid parental leave, requiring employers to shoulder a substantial portion of the burden and far exceeding the benefits provided by California and other states and cities.

Better benefits for parents are part of campaigns across the nation aimed at combating rising income inequality. California's

governor Monday signed into law a bill raising the state's minimum wage to \$15 an hour by 2023 from the current \$10.

The parental vote, scheduled for the San Francisco Board of Supervisors on Tuesday afternoon, comes at a time when the United States lags behind other developed countries in parental leave for employees.

On Monday, York's governor signed a bill granting 12-week paid family leave that will phase in by 2021.

California and New Jersey provide up to six weeks of partial pay, while Rhode Island offers four, according to the National Conference of State Legislatures. The city of Seattle provides four weeks of fully paid leave.

The new San Francisco



San Francisco already offers 12 weeks of fully paid leave to its approximately 30,000 city employees. GETTY IMAGES

policy, which would take effect in 2017, would require private employers with at least 20 workers to pay 45 percent of worker wages for as long as six weeks, according to the legislation.

The remaining percent of weekly wages would come from a worker-funded state disability program.

payments are Leave calculated as a percentage of wages up to an annual ceiling of \$106,740. REUTERS



# A CAREER THAT IS

**NEW YORK CITY'S** PREMIER CULINARY SCHOOL

At International Culinary Center (ICC), our accredited diploma programs in Professional Culinary and Pastry Arts take you from zero to career level skills, opening the door to a wide range of professions in the "hot" culinary field.

- Low student-to-teacher ratio
- · Career Service advisors to assist with job placement throughout your career
- Financing options and scholarships to those who qualify
- · College credits earned at ICC toward a degree at The New School or Pace University

Join us for an Open House with cooking demo by ICC graduate Joe Macchia, Executive Chef at Grindhaus and competitor on Food Network's Chopped.

#### OPEN HOUSE

for High School Students + **Recent Graduates** Saturday, April 9, 11:00AM-1:00PM

International Culinary Center, 462 Broadway, Soho, NYC

RSVP to CulinaryCenter.com/OpenHouse or call 888.324.2433







what we have planned for Car Free NYC Day on April 22!

Visit dozens of exhibitors, including environmental campaigns,

green businesses, and kids' activities, as well as live performances. Bring your used clothing, textiles, and electronics for free recycling by our partners, re-fashioNYC and e-cycleNYC. Also learn all about



Honest'



**Earth Day New York 2016** 

Sunday, April 17, 2016 • 12 pm - 7 pm

**Union Square (North Plaza)** 

Free and open to the public.

**TOYOTA** 



earthdayinitiative.org instagram.com/earthdayinitiative

**MICHELIN STARS** 



#### Fans sue NFL over draft picks lost in 'Deflategate' case

The suit alleges the league has violated the RICO Act.

Seven New England Patriots fans sued the National Football League on Tuesday, asking a judge to reverse a decision by the league to strip the team of a first-round pick in this month's draft over allegations of underinflated footballs.

In a lawsuit filed in Boston federal court, the fans contend that NFL Commissioner Roger Goodell acted unlawfully when he took away two draft picks as punishment for the "Deflategate" scandal, in which the team was accused of manipulating balls to better meet star quarterback Tom Brady's tastes in a Jan. 18, 2015 playoff game against the Îndianapolis Colts.

The Patriots won that game, setting them on the path to Brady's fourth Super Bowl champion-

ship.

The draft is a key moment in the NFL's year, when teams get a shot to pick up college players to strengthen their rosters. The most prized athletes are typically picked in the first rounds of selection.

The fans that brought the lawsuit — which alleges the league violated the Racketeering Influenced and Corrupt Organizations (RICO) Act, the sort of charge typically levied against mob bosses are residents of Massachusetts, Connecticut, New Jersey and Florida.

Lead plaintiff and Patriots season ticket holder Todd Orsatti, of Bristol,

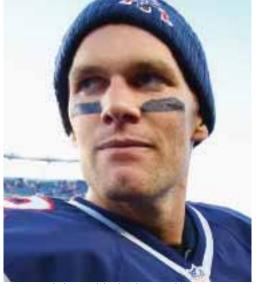
Bankrate.com

Connecticut, said in the filing that his 7-year-old daughter was so distraught by the league's Deflategate decision that she will no longer come to games with him.

Patriots owner Robert Kraft reluctantly accepted the lost draft picks, the second set for the fourth round of the 2017 draft, as well as a \$1 million fine. The team successfully challenged the NFL's effort to suspend Brady from playing in the first four games of the 2015 season.

A New York federal court judge blocked that suspension days before the season's start; the league has since appealed that decision contending that Goodell acted within his rights as league commissioner.

An NFL spokesman did not immediately respond to a request for comment on Tuesday. REUTERS



Patriots quarterback Tom Brady has denied any wrongdoing. GETTY IMAGES

#### 'Deflategate' allegations

A 243-page, \$2.5 million report on the allegations commissioned by the NFL found that it was "more probable than not" that Brady, now 38, had been "generally aware" that two lowlevel Patriots employees had

conspired to take pressure out of footballs, which can make them easier to grip.

Tom Brady and the team have repeatedly denied wrongdoing, contending that staff had not been instructed to inflate balls to less than the standard 12.5 pounds per square inch of pressure mandated by NFL

Yields Available to New York Area Residents Check rates daily at http://metronewyork.interest.com **Synchrony Bank** NA NA NA 125 125 145 150 0.85 800-869-3813 www.myoptimizerplus.com NA 30 NA NA 2,000 2,000 2,000 2,000 NA Specials: Great Rates + Safety = Peace of Mind. Member FDIC.

**METRO NEW YORK CD & DEPOSIT GUIDE** 

#### Feet Hurt? Bunions? **Hammertoes? Heel Pain?**

#### Platelet Rich Plasma Therapy (PRP)

A new approach for treating Tendon Injuries for the Achilles, Tendonitis and Plantar Fasciitis (Heel and Arch Pain)

#### Take The Foot Health Checkup

- My toenails are streaked, discolored and thickened.
- The sides of my toenails dig into the skin and hurt.
- I have a large bump behind my big toe (or little toe) which is always red.
- I get an extremely painful "cramp" in the area of my third and fourth toes when wearing shoes.
- My toes aren't straight- they are all cocked-up, bent and hurt.
- I have painful calluses on the ball of my foot which keep building up.
- I have corns on my toes which get thick no matter what shoe size I wear.
- The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
- I have cramps in my legs which always happen when I walk the same distance.
- My ankles are swollen most of the time.
- My feet are always dry and scaly sometimes they itch.
- My feet just hurt all over when I stand or walk a lot.
- I have numbness, burning, infection, persistent pain, skin rash, or open sores.

#### If any of these apply to you... Call today.

Patient is responsible for co-pays & deductibles

most insurance plans accepted complete family foot care laser surgery available

#### **Downtown location**

65 Broadway Suite 1103 Financial District NYC, NY 10006 212-486-7333

#### **Relief For Chronic Heel Pain**

#### Now Featuring Genesisplus™

New FDA Laser Treatment For Nail Fungus, Scars & Warts

#### CUTERA





New Treatment For Heel Pain. Shockwave, PRP (platelet rich plasma) as seen on the front page of The New York Times

The Most Advanced Techniques Used For **Bunions & Hammertoe Correction** 

#### Midtown location

121 E. 60th St. New York City, NY 212-486-7333

Paul Drucker DPM Jordan Drucker DPM 235 East 22nd Street (between 2nd and 3rd Ave) 1 212-486-7333

184 east 70th st 212-772-3500







# Painful Varicose Veins & Swollen Legs?



Varicose veins are more than a cosmetic problem. They may lead to complications such as Deep Vein Thrombosis (DVT) and Pulmonary Embolism (PE), both of which claim up to 300,000 lives a year in the United States.

#### DO YOU SUFFER FROM

- **✓** Varicose Veins
- Spider Veins
- **✓** Itching and Burning
- Leg Pain and Cramps
- Heaviness and Swelling

Skin Discoloration

**☑** Ulcers and Blood Clots

Difficulty Walking Long Distances

You may have a condition called venous insufficiency, which left untreated can lead to serious health complications. Our non-surgical, minimally invasive and painless endovenous procedure only takes 15 minutes.













Have you had prior vein treatment and are not satisfied with the results? USA Vein Clinics can help!

When it comes to your health, trust your legs only to the top vascular specialists at USA Vein Clinics.

Medicare and most insurances accepted! Call us today to schedule your appointment

(917) 717-5135

www.USAVeinClinics.com



#### **New York**

1153 First Ave • Manhattan, NY 10065
122 Fulton St, 5th Floor, New York, NY
2511 Ocean Ave, Ste 102 • Brooklyn, NY 11229
2444 86th St, Ste A • Bensonhurst, NY 11214
116-02 Queens Blvd • Forest Hills, NY 11375
1975 Hylan Blvd • Staten Island, NY 10306

Valley Stream, NY 11581

- 59-20 Myrtle Ave. Ridgewood, NY 11385
- NEW 30-33 Steinway Astoria, NY 11103
- 4159 Broadway Washington Heights, NY 10040
- 39-07 Bell Blvd Bavside, NY 11361
- 5221 Broadway Bronx, NY 10463

#### **New Jersey**

766 Shrewsbury Ave, Ste 300 • Tinton Falls, NJ 07724

- 81 Route 37 West Tom River, NJ 08755
- 1600 Perrineville Road Monroe, NJ 08831

# THOUSANDS of knee arthritis sufferers flock for this advanced medical

treatment - How they relieved pain while so many continue to suffer

# Knee Arthritis Pain: The Untold Story

Why patients come from all over the Tri-State area for this knee arthritis pain treatment and why waiting can decrease your chance to live pain free. life again

New York City that has treated thousands medical clinic with multiple locations in Downtown NYC Medical Institute is a of knee arthritis patients.

should know about the best treatments and drastically decreases your chances to live a Here is what every knee arthritis sufferer options available today. And why waiting pain free life again.

The information you are about to read can possibly save you from years and years of agonizing knee pain.

It might even keep you from getting total knee replacement surgery.

What you are about to read is a cutting-edge medical treatment... but it is NOT what it Please pay careful attention. appears to be at first glance.

In fact, I'm going to have to ask for a bit unsuccessfully tried any (or many) other of patience from you if you have already knee arthritis pain treatments.

and the way we do this treatment that makes wanted. But I assure you there is something already tried the treatment we are going to You see, many knee arthritis sufferers had VERY DIFFERENT about the technology talk about and did not get the results they it much different.

And often gets results when many others have

the tri-state area and beyond to have their This is why patients come from all over

Would You Like Instant Proof?

eliminating the pain.

# What Results Can Be Expected?

not uncommon for patients to either postpone knee replacement surgery for years... or even statistics proving what the "average" patients to expect the same results as any of our other impossible to predict results and there are no patients. But to be 100% clear - many knee can expect. Everyone is individual and gets individual results - so we never tell anyone arthritis sufferers get dramatic results. It is vary and can not be predicted. In fact, it is Like all medical treatments, the results permanently cancel it.

# What Are Treatments Like?

painless. The total time of the procedure itself getting a flu shot. You walk out of the clinic is only 10 minutes and most say it is like Treatments are simple, fast and virtually just minutes after your procedure.

nstitute use advanced digital imaging so they Research shows that doctors performing joint PRECISE. If the injection is slightly off, the injections without imaging miss the joint as But There Is A BIG Problem The key can see the injection going directly into the medication will not get into the knee joint is the treatment must be EXTREMELY That's why the experts at OsteoReleif and the treatment will not work. knee joint during the treatment. much as 30% of the time.

If you had viscosupplementation without this special digital imaging without good results this may be why.

"I cannot ask for better results"

"Hey this feels terrific"



NYC Medical Institute. I was amazed at the ease After the treatment I was able to go back to work treatment for and it's... it's like exact science. Dr. before I made an appointment with Downtown outstanding. I cannot ask for better results. with which I was evaluated and the treatment schedule implemented. The results I had at with no discomfort at all. They use a digital Dr. Stanley Weiner, M.D. - Surgeon Downtown NYC Medical Institute were Stanley Weiner







was diagnoses bone on bone about 2 years ago procedure is so basic so simple so quick in 15 minutes you are in and out. I did both legs at them replaced. Downtown NYC Medical said after looking at x-rays they could help. That went to see an Orthopedic Surgeon and he said my knees were shot and I need to get

got up out of the chair I stood up and I said,

"I feel like a new woman - It's amazing."



After I had the treatments... the last tuneup...

If you want instant proof - you can just look skeptical just like you... and are now either pain free... or eliminated quite a bit of their at all all the actual patient testimonials we have included. These patients were once

and give us a call. As you can see - they are times before finally deciding to take action said they saw this information SEVERAL Here's the most important thing: Many happy they did.

bikes again and going for long walks again. playing golf again, dancing again, riding Once crippled with knee pain, they are

## But we do get

# one very common complaint.

way to slow it down - or get any back once it much sooner." Let's be very clear about this. Time is the most precious thing. There is no And it is: "I wish I started this treatment

one more second than you have to. Missing life All the more reason for you to not suffer even suffering in pain is a tragedy. It's time for you to get rid of your knee pan and start living the life you want and deserve.

keys to success in medicine is early diagnosis and treatment. Like many diseases, arthritis only gets worse over time. The longer you And please understand this: One of the

long, the entire knee joint will be degenerated the more pain you will be in. If you wait too wait - the more damage to your knee and and your ONLY option will be total knee replacement.

basically "dries up." The lubricating fluid that This helps replace the lubricating fluid to the viscosupplementation treatments... doctors NOW: When you have arthritis, you suffer precisely inject directly into the knee joint. pain, here is why you should act RIGHT a decrease in the lubricating fluids in your Pharmaceutical companies (with the help If you are suffering with knee arthritis knee. In other words, your knee joints of scientists) can now make synovial decreases is called "synovial fluid." fluid-like compounds that... during

knee joint - allowing it to move more freely

and smoothly and often decreasing or even

do not just use one form of advanced imaging Institute even takes it one step further. They ensure patients get the best possible results. "double confirmation" process. This is to during treatment - they use two in their That's why Downtown NYC Medical

# Another Important Factor

Viscosupplementation medications also come in several different brands and chemical

many doctors only use one brand, the experts several and great effort is taken to figure out respond better to some than others. While at Downtown NYC Medical Institute use Just like all medications, some people what the best one for YOU is.

# What To Do Next If You Are In Pain:

Special Your Invitation

These screenings are a way for knee arthritis Many of the treatments offered at Downtown one of the cutting-edge treatments offered at NYC Medical Institute are covered by many insurance plans and Medicare. Call 800-227-800-227-KNEE to schedule your screening. answered and see if they are a candidate for arthritis treatment screenings every month. 800-227-KNEE. The screenings fill up fast every month. This screening is no cost and Downtown NYC Medical Institute offers a limited number of complimentary knee For a complimentary screening, just call sufferers to get some of their questions Downtown NYC Medical Institute. there is no further obligation. Call 5633 to schedule your screening.

# Downtown NYC Medical

55 Broadway, New York, NY Med Director: G. Craig D.O.

Most Insurance Plans Cover These Treatments: United Health Care (in or out of network) also accepting workers comp 4ARP United Health Care Most Union Plans Empire BC BS 4etna, Cigna **Empire Plan** .. and others Oxford

When I'm playing on the course I don't have would say Hey, look at this he doesn't need us keep up with these guys who walk - I'm right next to them! My guys on the golf course to put the ball up any more.

I just go right to the golf course. I'm able to

any pain any more I don't have any aches and pain.

I'm out there playing!

# "I feel like a new woman"



miserable and I would have it for the whole night great. I know I don't have to sit on the couch and be in pain and I can just pick up and get dressed I came to the clinic because I was not sleeping grandchildren. I feel like a new woman. It's tighten up. I would get in pain and I would be After the treatment I goof around with my at night. My leg was Pounding. There were times when I sat too long the knee would and go out. It was so gentle.



done about it. You walk into the doctors office - he do that for years and now I'm able to do it again. the woods and we had a good time and I couldn't puts your leg in a machine - he shows you where a period of time and I knew something had to be guys and myself we took a couple of rides out in he is going to do the procedure and before you know it... it's done and you're outta there. Now I'm able to take out my bicycle a couple of the got to the point where I couldn't stand up for

The pain was excruciating like 24/7. Nothing I knew it was something more serious. When better, I decided to do something about it and I immediately made an appointment - I went and started treatment. The feeling of getting saw that my condition was not getting any back to my dancing and my mobility is indescribable. I feel like a new woman -I took over-the-counter would work so It's amazing.

## "I am ecstatic with the results of this procedure"



are up and walking out the door. I am ecstatic with They x-rayed me and said I was a candidate for it. You sit there for about 2-3 minutes and then you ssues. I felt good - it just opened a door that was run just weeks before. I ran my race without any the results of this procedure because I could not One day, as I was running, my knee got tighter and tighter. I had to stop and just walk home. closing.

# "I Can Finally Live My Life"



I was becoming addicted to it and it was damaging Prior the the relief center I was taking (9:30) and my health. Since the treatment, I've been able to be less dependent on them. I don't feel helpless anymore. Since going through the procedure I can finally live. I can finally live my life.

# Fibroids? **Prolonged** Menstrual Cycles Lower Back Pain

Uterine fibroids (Myoma or Leiomyoma) are very common and treatable. 1 in 5 women experience fibroids during their child bearing years, and about 80% will have fibroids before the age of 50.

#### Do you have any of these symptoms?

✓ Bleeding between periods

Pelvic pain and pressure

Heavy bleeding during periods Pressure in your lower abdomen

✓ Abnormally long periods

**✓** Pain during intercourse

✓ Frequent urination

Uterine Fibroid Embolization treatment at USA Vascular Centers can shrink fibroids up to 50% within 3-6 months. Treatment is a minimally invasive, non-surgical outpatient procedure with a short recovery and ho hospitalization.

Don't wait- call now to schedule your consultation

(718) 690-3048



www.USAVascularCenters.com

2444 86th St. Ste A Bensonhurst, NY 11214 260 W Sunrise Hwy, Ste 102 Valley Stream, NY 11581

#### Mississippi governor signs religion law over gay rights protests

Mississippi Gov. Phil Bryant on Tuesday signed a far-reaching law allowing people with religious objections to deny wedding services to same-sex couples and protecting other actions considered discriminatory by gay rights activists.

The measure also clears the way for employers to cite religion in determining workplace policies on dress code, grooming and bathroom and locker access.

Bryant, a Republican, said in a statement he signed the law "to protect sincerely held religious beliefs and moral convictions of individuals, organizations and private associations from discriminatory action by state government.'

His decision comes amid national protests over a new law barring transgender people in North Carolina from



Gov Phil Bryant GETTY IMAGES

choosing bathrooms consistent with their gender identity. The governors of Georgia and Virginia vetoed similar "religious liberty" bills last week.

The measures are part of a wave of state-level legislation being pushed by social conservatives, with some efforts intensifying after a U.S. Supreme Court ruling last year that legalized same-sex marriage.

The American Civil Liberties Union criticized the Mississippi law, which it said was set to take effect in July. REUTERS

#### **BRIEF**

#### Justice Department's No. 3 attorney stepping down

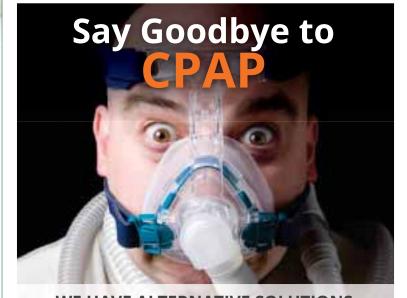
The acting associate attorney general at the Department of Justice, Stuart Delery, will be leaving his job on April 14, Attorney General Loretta Lynch said on Tuesday.

"Stuart Delery has been an indispensable source of wisdom, leadership and inspiration at the Department of Justice, working relentlessly to make the ideals of equal opportunity and equal justice a reality for all," Lynch said in a statement.

Justice Department spokesman Patrick Rodenbush said Delery was leaving for personal reasons and would explore options in the private sector.

Delery, who served seven years in total at the department, is openly gay and argued at the appellate court level against the Defense of Marriage Act, which prevented gay marriage from being recognized by the federal government.

After the key provisions of the act were overturned by the U.S. Supreme Court, Delery led a government-wide implementation of the decision. REUTERS



#### WE HAVE ALTERNATIVE SOLUTIONS

At eos sleep, we offer effective and minimally-invasive treatments beyond the CPAP mask. Our board-certified physicians diagnose and treat the many causes of snoring and sleep apnea. Find a treatment that works best for you AND your bed partner. Your treatment may be as simple as a 30 minute in-office procedure.

We accept most insurance plans.

For more information and patient testimonials, visit

eossleep.com | 800.eos.sleep (800.367.7533)

262 Central Park West NYC • 20 East 66th Street NYC • 589 Broadway NYC • 993 Park Avenue NYC • 833 Northern Blvd Great Neck

#### Twitter to stream Thursday night NFL games in 2016 season

The National Football League said it had chosen Twitter as its exclusive global partner for streaming its Thursday night games during the 2016 regular season.

Twitter Inc., whose shares were little changed at midday, will stream 10 games for free, the NFL said in a state-

The deal also includes in-game highlights as well as pre-game

broadcasts from players and teams on Periscope, Twitter's live-streaming video service.

Twitter outbid a number of companies, including Verizon Communications Inc., Yahoo Inc. and Amazon.com Inc. to win the deal, according to Bloomberg, which first reported the news. Facebook Inc. dropped out of the bidding last week, the report said.

The terms of the deal

were not announced, but technology news website Re/code, citing people familiar with the bidding process, reported that Twitter had paid less than \$10 million.

The NFL signed a multiyear partnership with Twitter last year to deliver video and other content to fans on a daily

The previous partnership, which expanded the NFL's existing part-

nership with Twitter, included in-game highlights from preseason through Super Bowl 50.

Anthony Noto, Twitter's current chief financial officer, also held the same position at the NFL between 2008 and 2010. REUTERS



Celebrating 100 years of Excellence in Health Education Classes begin April 18th

#### **Open House** Thursday, April 7th 10 AM - 7 PM

Visit Our Admissions Office:

151 West 26th St. 1-888-530-9582

SwedishInstitute.edu

#### WE OFFER PROGRAMS IN:

- Medical Assistant (Clinical and Administrative)
- · Medical Billing and Coding
- · Personal Training
- · Massage Therapy
- · Surgical Technologist
- Nursing (ACEN Approved)



Swedish Institute's programs are registered with and regulated by the New York State Education Department. Accredited by ACCSC For important information on program costs, completion and placement rates, median debt incurred, etc., please visit http://www.swedishinstitute.edu/disclosures

#### **Are You Suffering From Vaginal Dryness?**

#### Do you have general discomfort?

Impact Clinical Trials is currently looking for women between the ages of 40 - 80 years old to participate in a clinical trial investigating a once-a-day pill for the treatment of moderate to severe vaginal dryness in women in menopause.

Qualified participants will receive studyrelated medication and care at no cost!

> All Is Free and Confidential! No Insurance Necessary!

50 Court Street 10th Floor - Room 1002 Brooklyn, NY - 11201

516-545-0951



Is intercourse painful or uncomfortable for you?

Ask for Aishah www.ClinicalTrials.NYC



#### Something happy came out of 'Game of Thrones'

At least one "Game of Thrones" mystery has been solved: Former co-stars Kit Harington and Rose Leslie

are officially a couple.

The pair — who tussled onscreen and shared a steamy night in a cave a couple seasons ago before Leslie's character took an arrow to the heart made it official on the red carpet for the Olivier Awards in London, holding hands and laughing and kissing and generally being adorable.

Rumors of their hooking up started back in 2012 and have come and gone ever since, but at least there's some certainty in our "Thrones"-related lives for once. Speaking of which, does this mean Leslie knows whether Jon Snow is really dead or not? Spill it, sister.

#### Someone crashed Aaron Paul's wedding

Are you one of the overzealous "Breaking Bad" fans who snuck into Aaron Paul's wedding? Because he'd like a word with you.

"We had these three people crash our wedding," a bewildered Paul tells James Corden. didn't

even know it had happened until we started looking through photos of our wedding and we saw these three strangers." The interlopers stuck out because they weren't dressed for the event's 1920s Parisian carnival theme. Ama-

teurs. I mean, that's Wedding Crashers 101. Another sign that the trio might not be the most advanced at this sort of thing? One of them actually tried to grab the bouquet, according to Paul. Who does that?

Just score one of the rock candy blue meth centerpieces and be on your way. Šheesh.

#### Emilia Clarke doesn't want your dating advice

It's turning out to be a great week for "Game of Thrones"-related dating news. This time though, it's all retrospective, as the Mother of Dragons actress Emilia Clarke finally opens up about dating Seth MacFarlane — a relationship that ended three

years ago. Better late than never, right? Clarke tells Glamour magazine that dating in the public eye has its downsides. Who knew? "Well, a con is you have strangers giving you love-life advice, like, 'I'm a big fan of the show, and I'm not sure what you're

doing with that guy,' which I didn't react well to," she says. "That happened in New York when Seth and I were together. This guy started to give me advice: 'Can I get a selfie? And by the way... Unh-unh, bro." Can't imagine why not.





@KevinHart4real Listening to some throwback HOV this morning....This s- got me on one this morning!!!! I might run 7 miles today in the gym!



**@parkerposey** Emoti-golf was really healing, all the negative emotions entered the void, leaving me with peaceful happy ones!



@evanrachelwood Is it bad that every time I kill a poisonous looking spider, as I am smearing it, I say, "Tell your friends what you



@MrGeorgeWallace Shout out to that sad as hell Cats in a Cradle song where the kid becomes an a-hole like his daddy that's sad I sure wish he was nicer :(



#### WWW.CONCERNUSA.ORG/SPRINGRUN

CENTRAL PARK APRIL 9, 2016 RUN, WALK OR JOG 4 MILES

**RAISE FUNDS TO HELP PEOPLE** 

LIVING IN EXTREME POVERTY



Save 10% on Registration with the discount code METRO

#### 'Out of control'

Sonja Morgan and Ramona Singer of "RHONY" give us a sneak peek of Season 8.



By now, it's no secret that "The Real Housewives of New York City" is synonymous with drama. The beloved Bravo series returns for Season 8 tonight at 9 p.m. — and you won't want to miss a minute.

Leading up to the premiere, Sonja Morgan and Ramona Singer hosted a party at Beautique. Of course, Singer's brand of Pinot Grigio was served. "Beautique is my home away from home," Morgan says.

The two stars dish on what fans can expect from the latest "RHONY" installment.

#### **Pushing buttons**

After so many seasons, the ladies know how to up the ante. Morgan says, "We all know each other's buttons to push and we're out of control with that. But the bonds are strengthened, because we get through it."

Singer echoes this idea. "We all are calling everyone out on their bullshit," she says. "I use this favorite quote, 'Don't tell me you're a pineapple when we all know you're an orange.' You're going to see a lot of that."

Despite the drama, the Housewives have formed strong friendships. Singer says, "I've opened myself up more on the show. I've gotten to know these women on a deeper level, so my relationships with them have deepened."

In addition to "Ramonja," familiar faces — LuAnn de Lesseps, Bethenny Frankel, Carole Radziwill and Dorinda Medley — are returning. Plus, Julianne "Jules" Wainstein joins the cast.

#### What's changed?

"I've changed tremendously," Singer says. "One thing that hasn't changed is my zest for life. ... I think I'm a happier, lighter, warmer person with a lot more patience."

This patience enhanced her relationships, particularly with castmate Bethenny Frankel. "Bethenny and I actually have a really great relationship. It's really evolved," Singer says. "It's so much different than it was even a couple seasons ago."

Still, when asked if she could take back any "RHONY" scene, it'd be their argument from the Season 3 episode "The Ambush." "Bethenny and I are walking across the bridge in Brooklyn and she's telling me things. I actually wasn't very nice to her," she recalls. "She's trying to confide in me and instead of just listening and being tolerant, I kind



The Bravo series returns tonight at 9 p.m. MATHIEU YOUNG/HEIDI GUTMAN/BRAVO

of beat her up verbally."

#### "Talking sex"

When asked what fans can look forward to, Morgan's response isn't necessarily what you'd expect. "I want them to see me when I'm with my friends in a loving environment," she says. "Having dinner, talking sex, talking about gas and poop and stuff like that. The fun times, not the fights."

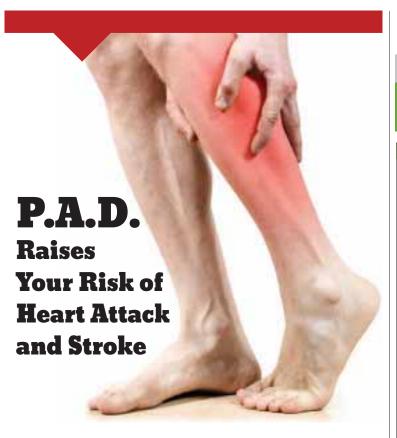
But then again, she doesn't mind some emotion. "And maybe some of those tearful moments where you've bonded, like everyone else does in real life."

#### The annual trip

"This season is definitely

a roller coaster of highs and lows," Singer says — especially when it comes to the annual group trip. She wouldn't reveal the location, but the reality star teases, "The things that happen are just beyond unbelievable. You know how they say that life can be stranger than fiction? That's what this season is. That's what that trip was."





People over age of 50 that have a history of diabetes or smoking and other peripheral artery disease risk factors, such as obesity or high blood pressure, have a greater risk of having PAD.

#### Do You Have PAD?

- Painful cramping in your hip, thigh or calf muscles after walking
- ✓ Leg numbness or weakness
- Non-healing sores on your toes, feet or legs
- ✓ Coldness in your lower leg or foot
- ✓ Slower growth of your toenails
- **Y** Shiny Skin on your legs
- ✓ No pulse or a weak pulse in your legs or feet
- **▼** Erectile dysfunction in men

718-690-3048

260 W Sunrise Hwy, Ste 102 • Valley Stream, NY 11581 2444 86th St, Ste A • Bensonhurst, NY 11214

www.USAVascularCenters.com



#### 'E.T. THE EXTRA-TERRESTRIAL'

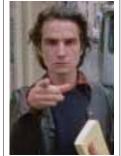


Henry Thomas is a boy who befriends a freaky alien in 1982's "E.T." UNIVERSAL PICTURES

Do the kids these days—that is, actual kids—know about "E.T."? At one point the highest grossing movie ever, topping even "Star Wars," Steven Spielberg's heartbreaker has miraculously never been sequelized, remade or rebooted. Hopefully that doesn't mean its legacy won't

live on with generations, especially ones used to CGI, who might not take kindly to the sight of an elaborate puppet lumbering about, sometimes in drag. If you're a parent, do right by your kid(s). Even if you're just an at thome means no one has to see you bawl your eyes out.

#### 'OUT 1'



Jean-Pierre Leaud is one of dozens of actors in "Out 1." JANUS FILMS

Once upon a time the, thought of watching a 13 hour French film would have seemed, to the casual filmgoer, a no-go. Now that binge-watching is a thing, not so much. But the late Jacques Rivette's 1971 epic — trailing a couple dozen characters as they interweave throughout Paris isn't the kind of monster you conquer semi-casually. It demands full attention and total commitment, even if it is conveniently divided into eight episodes. We do recommend binging it, though in two, maybe three days — just as long as it consumes your entire being.

#### 'INSIDE MAN'



Denzel Washington (with Willem Dafoe) is dashing in Spike Lee's "Inside Man." UNIVERSAL PICTURES

No one has ever "sold out" like Spike Lee. The director/firebrand proved he could play nice with this crackerjack thriller, which finds Denzel Washington's dashing, white-suited detective attempting to thwart a bank heist. But it's still exceedingly, wonderfully Spike. Rather than throw everything at the screen and wildly mixing tones, he organically, even subversively, weaves cutting social commentary into a popcorn movie, all without killing the pace. Casual viewers might not even notice they've just watched one of the great films about New York after 9/11.

Could you have

#### Adult ADHD?

- □ Do you get distracted easily?□ Have difficulty paying attention?
- ☐ Feel overly forgetful or disorganized?

If you experience these symptoms and are between 18 and 55 years of age, you may be eligible for our study of a **medical food** for ADHD symptoms. Please call for more information or a confidential, free screening.

(212) 595-5012

www.Medical Research Network.com

The Medical Research Network, LLC • 134 East 93rd Street, New York, NY



#### Learn to chill with a game about cats

I realize that I'm late to the game literally — on this one, but I am currently obsessed with the Japanese cat collecting app Neko Atsume. If you're not familiar with it (and I apologize for the hours you're about to spend playing it), it's an app from Japan that allows you to feed and amuse cartoon cats, take pictures of them and go a little batty from listening to the music for hours on end. (My boyfriend calls this the "digital crazy cat lady app.")

Now, I've been obsessed with apps before (and video games and comic book series, etc.) and I admit to spending actual real-world money on things like Candy Crush. I actually started seeing the bricks in my fireplace as little shiny candies. It caused hours of actual stress. I've had virtual fishponds where, if you didn't feed the virtual fish, they'd "die," making me feel guilty. (I recognize that this is a little crazy, but tell me you didn't get upset when your Tamagotchi died.)

The reason I love Neko

Atsume is there are no actual consequences to your actions. It's relaxing. You feed the cats, but they're not your cats. They just show up for snacks and playtime. If you don't feed them, they just go eat in someone else's yard.

OK, you say — so you're a crazy lady who loves animated cats. Why does this matter? It's because of the type of game this is. Look, I've been a gamer my entire life. I, like many of you, can get addicted to the rush of a game. And by rush, I mean stress. Can I beat the level? Will I make the raid on time? Can I keep fake fish alive? It occurred to me when I started dreaming about shooting bubbles at other bubbles and considered purchasing a fire bubble to blow up those bubbles that maybe I could use a little less stress in my life. Why was I adding to it?

In walked the little kitties of Neko Atsume. There is something really soothing about having no real responsibility. I get to look at adorable fake cats. They don't need me to feed them. I can take

#### **JENNA** BUSCH

Geek Girl in Hollywood

lenna Busch takes on the way pop culture snubs its emale fans. For more columns visit metro.us/jenna-busch as well as her site, Legion of Leia (www.legionofleia.com).



pictures of them. There is one called Mr. Meowgi. It makes me laugh and I don't dream about it every night. It's, dare I say, relaxing. Maybe I should start downloading yoga apps next.

## MIRACLE



**INVISALIGN** 

**\$3.999** for full treatment **\$2.699** 

for express treatment

ncludes complimentary Zoom Whitening (additional \$700 value)

 Dental Implants: To replace missing teeth permanently \$495 off One Dental Implant\* exp 5/15/16 - One per pati

**FREE CONSULTATION** 

Financing as low as **\$95/month\*** 

Offer good through 5/15/16 \*must qualify

Leaders in Implant Dentistry! - Est. 1977 CALL NOW TO SCHEDULE YOUR COSMETIC DENTAL EXAM



Veneers

212-689-0024

224 West 35th St., New York, NY 16th Roor (between 7th and 8th Avenues) www.heraldsquaredental.com \*Cannot be combined with other offers

#### TIME TO GET SKINN'





- No downtime • Non surgical
- Guaranteed for body and under the chin y 3 set get 1 FREI (\$562.50 each)

Laser Genesis Firm loose skin for face or hands

Zerona Lose 3-9 inches in 2 weeks 6 treatments \$299 Painless • Permanent Guaranteed

FREE FREE FREE

Free slimming body wrap with any package and • Free vibra plate workout

Cavi Liposuction
• Melt fat Reduce Cellulite

6 for \$299 painless & permanent

Spa Treatments

 Deep pore facial with nicrodermabrasion \$75 • Spa manicure & Spa pedicure

 Brazilian, back, chest or arm wax \$ • Full body wax \$59 Skin Tightening Choose any body part Tightens sagging skin \$99 or 6 for \$399

> Laser Hair Removal full body

\$299 For all Skin Types

180 7th Ave South (Between West 11 & Perry St.) • 212.229.0399 Free Consultation. Open 7 Days. Servicing NYC 22 years! We accept care credit



#### **DON'T BE SCARRED BE** CONFIDENT

with

Lexington Plastic Surgeons

#### **Your Complete Scar Solution**

Expires: 4/15/16

VISIT LEXINGTON PLASTIC SURGEONS:

**Keloid Scars Hypertrophic Scars Acne Scars Stretch Marks** 

Rosacea and more...





(888)919-2102



LexingtonPlasticSurgeons.com • 113 East 39th Street New York, New York 10016 most insurance accepted

#### The Avett Brothers return with personal tragedy on 'True Sadness'

Bassist Bob Crawford explains the evolution of melancholy that comes with maturity.



In their 16 years together, The Avett Brothers have been through a lot. From divorce to disease, there's been a sense of melancholy that's at

Fat

Burning

the immense success of band members Seth Avett, Scott Avett, Bob Crawford and Joe Kwon. With the folk rockers eighth studio record, the group finds themselves contemplating some of the darker experiences they've had throughout their years together. If anything, the title of the album says it all: "True Sadness.

With the help of

bin, the band took a different approach to the recording process. They stripped down the songs, recorded them, remixed them and recorded them again. Backed by a sevenpiece band, bassist Bob Crawford says "True Sadness" is "new territory for us having a full-band and recording after hearing remix of recordings."

Over the years, the band has stuck together



and poured their hearts, souls and hardships into their music. "True Sadness" is really a record that shows The Avett Brothers' emotional maturity and penchant for songwriting that tears at your heartstrings. As the band reflects back through their music, they've experienced a lot - especially in the

three vears since their last record, "Magpie and the Dandelion.

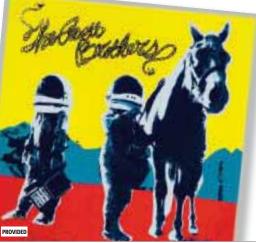
"We've seen sonal tragedy with our families, divorce and the pain and suffering that it puts on a person, and we've seen amazing success in our careers - more than we ever could have imagined," explains Crawford. "We've also found love

and had children.

The human heart and soul has the capacity to bring happiness, hope and joy, but at the same time, it's in mourning when something sad happens."

The Avett Brothers have never shied away from tinges of sadness throughout their music; if you've ever listened to "The Carpenter" or "Emotionalism," you'd know this, but this seems to be the first time they're leading with it. For Crawford, the band's ninth studio album speaks to his own personal grief. His daughter has a brain tumor and has had cancer twice. "She's doing great now for all she's been through, but I'll always mourn what happened to her and what's been taken from her," he says. "For me, the concept of 'True Sadness' is, you reach a point in your life where you're capable of experiencing the joy and the sadness at the same time."





Your friends and neighbors are doing this! It's your turn!

The Weight Loss Experts

Locations in NYC and Great Neck

844-544-DIET (3438)

www.novoweightloss.com

#### Doctor **Supervised**

- Revolutionary metabolism boosting treatment
  - Dedicated Personal Consultants

**Voted best permanent weight loss NYC** 

Lose 10-15-20-25-100 pounds or more!

No Hunger

Cravings

Weight

## Hell without the L train?

Short-term headaches and reduced rents are in store for Williamsburg and Bushwick, brokers say.

TheRealDeal.com is a daily blog and monthly magazine covering real estate in the New York metro area.



Brooklyn residents panicked when MTA officials announced in January that the L train — the engine that charges North Williamsburg and Bushwick — would potentially shut down for over 18 months to allow for critical repairs to the Canarsie Tube.

Merchants from Bedford to Jefferson howled that there'd be fewer takers for their \$4 PBR and pickleback shot specials, and landlords wondered if the creative businesses that have sprouted around the L train stations would wither away. Renters, who com-

Renters, who comprise the vast majority of residents, might flee for better-connected 'hoods, pushing down rents and tipping over-leveraged multifamily owners into financial disarray, the narrative went.

The Real Deal spoke to brokers to gain some insights into what the area will look like after 2018, without the L train (or, as in the MTA's alternate plan, an L train with no night and weekend service for five years).

#### Residential rentals and sales

Approximately 78 percent of housing units in Williamsburg, Greenpoint and Bushwick are occupied by renters, according to data from the 2014 Housing and Vacancy Survey, and they're likely to be the among the most affected by transit trauma. Landlords



will have to admit that short-term tenants have better options for the money, and adjust rental rates accordingly, real estate professionals said.

"This is a zero-sum game. What comes at a loss to this market is a gain in another neighborhood that doesn't have a commuting challenge," said Jonathan Miller, head of real estate appraisal firm Miller Samuel. "I think that's

the first response and why rents will drop."

Andrew Rose, a broker at Mirador Real Estate and a Williamsburg resident, said the market changes would be immediately noticeable.

"In the first couple of months [landlords] would drop their prices," he said. "But at some point you just can't cover it."

According to MNS Real Estate's latest rental market report, the average rental price for a one-bedroom apartment in Williamsburg reached \$3,153 in February, up from \$3,065 during the same period last year.

It's tricky to say how much rental prices would fall starting in 2018, but some in the industry believe landlords are in for a double digit drop. Rose sees a 15 percent reduction for landlords.

Miller drew the parallel to the Second Avenue subway in Manhattan, where ongoing construction has resulted in singledigit rental drops in some pockets. He believes the fall would be greater in Brooklyn due to a lack of transit options.

"It would be a stretch to think that rents would not be impacted to a greater degree, meaning more than a single digit modification over the next two years," he said.

#### **PARKCHESTER**





- Elegant New Kitchens
- Granite Counter Tops
- New Appliances with Stainless Steel Finishes

1 & 2 br rental apartments start at \$1,215 per month

917.634.5295

www.parkchesternyc.com 2000 EAST TREMONT AVENUE • BRONX, NY 10462 MACY'S, STARBUCK'S APPLEBEE'S, SUPERMARKETS, BLINK FITNESS AND MUCH MORE ALL ON SITE

> 30 MIN TO MIDTOWN NO BROKER FEE

EARLY & FUTURE OCCUPANCY

OPEN HOUSE: TUESDAYS :00 - 7:45 PM SAT 10 AM - 1:45 PM

1480 Parkchester Road, garden entrance behind Marshall's





## 250 ASHLAND PLACE. CENTRALLY LOCATED IN DOWNTOWN BROOKLYN/FORT GREENE

LUXURY, RENT-STABILIZED LIVING FOR HOUSEHOLDS EARNING \$28,835-\$200,400

- •COMPLETE AMENITY PACKAGE
- •24-HOUR DOORMAN
- •IN THE HEART OF BROOKLYN'S CULTURAL + SOCIAL CENTER
- •BEAUTIFULLY APPOINTED HOMES CENTRAL AIR, PLANK WOOD FLOORS, GRANITE COUNTERTOPS, DISHWASHERS+MORE
- •11 SUBWAYS + LIRR WITHIN BLOCKS

MORE DETAILS AT
ASHLANDLOTTERY.COM

METRO.US

#### WEDNESDAY, APRIL 6, 2016

#### What about the Giants' offense?

There's been a ton of attention paid to the Giants' defense in 2016, but the offense has some work to do as well.



The Giants gave last season's deplorable defense a \$200 million facelift during the free agency frenzy, but there's still work to do — specifically for the ailing offensive line.

General manager Jerry Reese did an admiral job addressing the needs on defense, but many Big Blue backers are likely wondering about the offensive side of the ball.

New offensive coordinator Mike Sullivan said he's not jealous of the attention — and money spent on his defensive brethren, noting it'll benefit his unit as well.

"There's no bigger fan of the defense getting the types of players that they got because that means they're going to take the ball away, they're going to put us in position to force some punts, force some field goals, or not even let them get into field goal range,' Sullivan said. "And in



Ereck Flowers will need to have a monster year in 2016 for the Giants to succeed. GETTY IMAGES

the end, that's going to give us more snaps, more opportunities, and more at bats, if you will. It made our team better and I'm really excited about that."

Sullivan, last season's quarterbacks coach, added he's not concerned about the lack of new faces on offense, but rather fixing an offense that lagged in key

"We have to fix some

things from last season. First, it starts with what we call the green zone, or red zone, and putting points on the board. We struggled there. We were 29th in the league," he said. "And secondly, third downs [where] we finished 22nd in the league."

Sullivan acknowledged that any inconsistencies began with their inability to sustain drives and limit self-

inflicted mistakes. Any successful scoring drive begins up front, which is why the Giants have high hopes for new offensive line coach Mike Solari, who will make sure those little, yet important details, get refined.

Solari, a former offensive coordinator in Kansas City, and an assistant in Seattle, San Francisco and Green Bay, likes what he sees in some key areas on the offensive line, even if Reese has yet to really touch that side of the

"We're going to put the five best athletes on the field [on the offensive line," Solari said, specifically highlighting the Giants' No. 1 pick of a year ago, tackle Ereck Flowers. "It was a great learning experience for him. Did he make mistakes? Sure, but he learned from them. He has all the skills. He's big and strong, and he's smart. He has the core strength, ability and he's mobile."

Solari went on to add that at least three-fifths of the line is solid and ready to go, with the thought being more veterans and highly touted rookie prospects will be brought in to compete.

Along with Flowers, Solari is confident that

two other holdovers, center Weston Richburg and guard/tackle Justin Pugh, will be steadying influences for whatever newcomers Reese adds.

The veteran coach said he'll make sure lines of communication are always open between players and coach, and is confident his triumvirate will be great and accessible leaders as well.

"Success absolutely starts with being a good communicator, [and] being a good teacher. That's very important [because] everybody learns different," said Solari, who added he'll use every minute of OTAs [organized team activities to see where Pugh fits the best. "Part of being a good teacher is being able to communicate and doing a great job of explaining it so that it is crystal clear ... We'll communicate that to the players and find the best five players to start and fit them where we seem they best fit."

#### **Big Blue notes**

- Of the remaining two spots on the offensive line, neither Sullivan nor Solari could identify who are the best remaining candidates — or if those two guys are even on the roster

right now. Solari said he wouldn't hesitate to slide in a rookie - or two — if they prove to be worthy and are among the best five linemen. He hedged his bet with a disclaimer, though, noting that any rookie who is good enough to crack the starting lineup is still a neophyte: "Remember, a rookie is a still rookie and there are mistakes built into the learning curve."

- Among the holdovers who will compete for starting status include Bobby Hart, Marshall Newhouse, Adam Gettis, John Jerry and Emmett Cleary.

- The Giants signed fullback Will Johnson, and offensive linemen Ryan Seymour and Dillon Farrell, on Tuesday. Johnson (6-foot-2, 238 pounds) has also played H-back and tight end. Seymour (6-foot-4, 305 pounds) was once the starting center for the Cleveland Browns. Most recently, he did stints on the practice squads of the Seattle Seahawks, Chicago Bears, and New Orleans Saints. Farrell (6-foot-5, 303 pounds) is a former reserve for the San Francisco 49ers, and most recently on the Tennessee Titans' practice squad.

#### **Instant classic**



The 2016 NCAA men's basketball championship win by Villanova over North Carolina had something for everyone, and the reaction Tuesday was nearly as great as the game itself. Almost. Michael Jordan crying memes got a new life (Jordan is a North Carolina alum), Geraldo Rivera mistakenly called the North Carolina Tar Heels the Carolina Panthers on Twitter, and nearly everyone agreed that the finish of the game was the most exciting in NCAA tournament history. For more, go to Metro.us. GETTY IMAGES

## Astros freeze out the Yankees on Opening Day

The Yanks are off to a cold start to their 2016 season.



There were no warm and fuzzy feelings in the Yankees' Opening Day loss to the Astros. At the start of the game it was 30 degrees and by the time things ended in the 5-3 New York loss, manager Joe Girardi was peeved.

In the eighth inning, Houston's Carlos Correa appeared to have run on the fair side of the foul line after hitting a dribbler to Yankees pitcher Dellin Betances. Betances threw the ball over Yankees first baseman Mark Teixeira and Houston's Jose Altuve broke a 2-2 tie as a result. Girardi pleaded his case with umpires that Correa should have been ruled out but to no avail.

Masahiro Tanaka worked 5.2 innings for the Yanks, allowing two earned runs on four hits while striking out four.

New second baseman Starlin Castro was the star offensively for the Yanks as he had a two-run "Everyone is welcome at Yankee Stadium."

Yankees president Randy Levine to ESPN regarding the "Legends" seats controversy

double off of Astros ace Dallas Keuchel (7 IP, 3 H, 2 ER) in the second. Didi Gregorius homered in the eighth but it was too little, too late for the Bombers.

The Yanks will look to bounce back Wednesday night when they send Michael Pineda to the mound.

#### **Turtle power**

Two fans dressed as Teenage Mutant Ninja Turtles were visible to a national audience at Yankee Stadium Tuesday as they sat right behind home plate. The stunt was a bit of a protest over the Yankees' 'elitist" ticket policies in the highly expensive "Leg-ends" seats. The fans got the tickets for 25 cents from HBO's John Oliver, who recently said the Yankees "will continue to find ways to look like the biggest elitist a-h- in all of sports."



Joe Girardi argues his case Monday in the Bronx. GETTY IMAGES

#### **ACUPUNCTURE STUDY FOR IBS**

#### Do you have <u>Irritable Bowel Syndrome</u> (IBS)?

You may be stigible for a research study aimed at reducing symptoms associated with IBS using Acupuncture. Qualified participants will receive up to \$330.

#### To be eligible you must:

- -have diagnosis of IBS.
- be experiencing symptoms related to your IBS.
- be 18 to 70 years of age.



NEW YORK UNIVERSITY

For more information call: NYU: Special Studies in Symptom Management 212,365,0346

## Are you currently experiencing abdominal pain and constipation due to your Irritable Bowel Syndrome condition?

We are conducting a clinical research study on an investigational study medication for people with Irritable Bowel Syndrome with constipation (IBS-C)

You may qualify if you are:

- 18-85 years of age
- Currently experiencing abdominal pain and constipation due to your Irritable Bowel Syndrome condition
- Able and willing to make daily reports on your symptoms throughout the study
- Able and willing to participate in the clinical research study for approximately 18 weeks

additional criteria may apply

Eligible participants will receive at no cost:

• Investigational Medication • Study related care

 $\label{lem:compensation} \mbox{Compensation for travel and possible other reimbursement}$ 

For more information, please contact:

IMA Medical Research, PC at (888)-852-7656

#### ARE YOU H V+ AND HAVE ISSUES WITH SUBSTANCE USE?

Albert Einstein College of Medicine is conducting a research study called Project FIRST.

The purpose of the study is to see if receiving financial incentives leads to changes in behaviors.

#### If you are...

18 years old or older and HIV+ and taking HIV medications

YOU MAY BE ELIGIBLE TO PARTICIPATE

#### REQUIREMENTS:

Attend 45 research visits over seven months Provide urine samples (weekly) Provide blood samples (monthly) Bring your HIV medications (monthly) Complete interviews (monthly)

#### COMPENSATION:

You may earn up to \$475 and Metrocards worth over \$245 by completing all research visits. You will also have a 50/50 chance of earning up to an additional \$1320 in gift cards.

#### LOCATION

The study takes place at the Montefiore Clinical Research Center and Einstein's Division of Substance Abuse clinics, all of which are located in the Bronx.

If you are interested in participating or would like more information about Project FIRST,

PLEASE CONTACT MATTHEW AT 718-920-3782.

## To place an ad call 866-900-9473 or visit us at www.metro.us DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

# MEDICAL RESEARCH To advertise, call Peter Blankenstein at 212-957 7751 or email peter.blankenstein@metro.us

#### Acne

Do you or your child suffer from moderate acne?

We are seeking participants for a research study:

- Must be 12 years or older
- May receive study related investigational medication at no cost
- Reimbursement for time and travel

You do not need health insurance to participate.

CALL 917-768-7276 or email SRG@sadickdermatology.com



#### Do you have an alcohol problem? Are you 18 years or older?

NYU School of Medicine is seeking adult volunteers to participate in a research study evaluating the effectiveness of medications in reducing alcohol use.



Eligible participants will receive treatment at no cost and be seen at Bellevue Hospital Center.

Compensation will be provided for time and travel

For more information call (347) 714-4254

All information held confidential

#### **LEGAL NOTICES**

NOTICE TO HOLDERS OF 7.875% NOTES DUE 2017, SERIES NO.1 (THE "NOTES") ISSUED BY IRSA PROPIEDADES COMERCIALES S.A. ("IRSA CP")

Notice is hereby given to the Holders of the Notes, issued by IRSA CP on May 11, 2007, in the principal amount of US\$120,000,000 under IRSA CP's US\$200,000,000 Global Note Program, that on April 4. 2016. IRSA CP's Board of Directors approved the redemption of all outstanding Notes and, consequently, the cancellation of the Noteholders' Meeting previously scheduled for April 7, 2016 at 2:00 PM (City of Buenos Aires time) on second call, out of IRSA CP's registered offices at Bolivar 108, First Floor, City of Buenos Aires, Argentina, to consider certain amendments to the indenture pursuant to which the Notes were issued, including the elimination of substantially all of the restrictive covenants, and the modification or elimination of certain events of default and certain other provisions, and the execution of a supplemental indenture to reflect such amendments.

metr@classifieds

#### **DIVORCE \$1**

TheDivorceCenter.com

Spouse's Signature Not Needed Don't Be Fooled By Imposters Plus Court Fee - Without Children - With This Ad

**EXPIRES 4/30/2016** 

#### Have you had a kidney stone?

...join a research study to evaluate the safety and efficacy of ALLN-177

#### You must qualify for the study through a screening process

- » You will receive study-related medical care
- » You will be asked to follow your usual eating habits
- » You will receive financial compensation for your participation

#### Who can join the studies?

- » Patient with a history of a large amount of urinary oxalate
- » Urinary oxalate level 50 mg/day or higher during screening
- » Age 18 or older, male or non-pregnant female
- » No current significant diseases or conditions

The study investigator will review all study requirements to determine if you are eligible to participate.

#### Where can I find more information?

For more information about these clinical trials and for participating research centers, visit www.clinicaltrials.gov and search for "ALLN-177"

**Contact local study center** 

Manhattan Medical Research Dr Jed Kaminetsky 212-480-3333

www.manhattanmedicalresearch.com

Or contact:

Premier Research • 1 (800) 961-4641 Allena.Studies@premier-research.com

Study sponsor:

These studies are sponsored by Allena Pharmaceuticals, Inc.





#### **LEGAL NOTICES**

NOTICE IS HEREBY GIVEN that a license, Number Pending for Beer, Wine & Liquor has been for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 36-36 Prince St., Cellar, Flushing, NY, for on-premises consumption. Congee Village Restaurant & Bar of Flushing Inc.

NOTICE IS HEREBY GIVEN that a license, Number Pending, for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 147-38 Northern Blvd., Flushing NY, for on-premises consumption derella Lounge Corp.

NOTICE IS HEREBY GIVEN that effective immediately, the HUD waiting list for 931-933 Columbus Avenue HDFC at 931-933 Columbus Avenue, NY, NY and One Eighteen HDFC at 269-271 West 118th Street, NY NY are currently closed until further notice. Manhattan Valley Management Company, Inc.

NOTICE IS HEREBY GIVEN that a license, Number Pending for Beer & Wine has been applied for by the undersigned to sell Bee & Wine at retail in a Restauran under the Alcoholic Beverage Control Law at 4 Union Square S. New York, NY, for on-premises consumption, Food Love 125 Inc

NOTICE IS HEREBY GIVEN that a license, Number Pending, for Beer & Wine has been applied for by the undersigned to sell Beer 8 Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 116 W. 32nd Street, New York NY, for on-premises consumption 116 West 32 Café LLC.

NOTICE IS HEREBY GIVEN hat a license, Number Pending, for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 417 Prospect Pl., Brooklyn, NY, for on-premises consumption. Marga Mex Corporation.

#### [718] 651-6262 ZINBARG, EMANUEL MYRILL & ASSOCIATES ATTORNEY AT LAW 82-15 Northern Blvd. Jackson Heights, NY 11372 Hisblumus espirifol - Altorney Advertisement

#### Slip and Fall Injury?

Call Now: 212-3

FREE CONSULTATION • NO WIN NO FEE • Feiner & Lavy, P.C. Attorneys at law 325 Broadway, Suite #401, NY NY 10007

**Español** Attorney advertis



#### 917-783-0906



\$835 Including Court Fees!! Free Consultaion "Convenient Evening Appts. In Manhattam"

Manhattan: 116 West 23rd St., 5th Fl. Flushing: 136-17 39th Ave., 3rd Fl. Queens

Evening & Sat. Appts. Available

Howard S. Warner, Attorney

#### BANKRUPTCY ATTORNEY

Bankruptcy Only • Specializing in Chapter 7 • Low Fee • One Fee for All Installments • Personal Attention • Free Consultation

Jay Simon • 718.222.4619

32 Court Street, Suite 805, Brooklyn

Fresh Start with Heart

#### **LEGAL NOTICES**

NOTICE OF FORMATION

NOTICE OF FORMATION of Brick & London, LLC, Articles of Organization filed with the Secy. of State of New York (SSNY) on 02/01/2016. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 244 5th Ave., Suite 2206, New York, NY 10001.

Purpose: Real Estate investing

of Sunrise USA 168 LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 02/04/2016. Office location: Queens County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 5706 146th Street, Flushing, NY 11355. Purpose: any lawful activity.

MOTICE IS HEREBY GIVEN. PURSUANT TO LAW, that the NYC Department of Consumer Attains will hold a Public Hearing on Wednesday April 20, 2016 at 2:00 p.m. at 42 Broadway, 5th Floor on a petitios for Beer Factory LLC to establish, maintain. and operate an unenclased sidewalk cale at 104 2nd Ave. in the Borough of Ministrative for a term of two years. REQUESTS FOR COPIES OF THE PROPOSES REVOCABLE CONSENT AGREEMENT NAMES ADDRESSED TO DEPARTMENT OF COMPOSITOR NETWORKS, WITH FOR OFFICER, 42 BROACHIAN, NEW YORK, MY 10004







Sri Hanuman Astrologer





20 Years of experience! He will bring back loved ones. Call me Once. You will not be disappointed.

Help with marriage, legal cases, business, depression,... unite families, stop divorce, can 100% remove your bad luck, black magic, witchcraft, permanently stop your enemies, etc. No more pain, meet the master today and get your results.

Call 646-338-9719 www.psychicbethio.com



Call 917-254-6647

www.africanmedium.com



· Noney Problems

Family Argument

Dilden Duple

House Problems

Meet him once

Finance \* Love

Business\* Court

\* Vodoo

\* Reunite

Lovers

100% GUARANTEE

PRIVATE & CONFIDENTIAL

888 Utica Ave, Brooklyn NY 11212

\* Sexual

\* Lottery

\*All other

Problem

\* Visa

#### Mr. SAIDOU

International Spiritualist Medium & Psychic Over 40 yrs exp. Bring back loved ones in the Quickest Way, Stop Infidelity, Business

Success, Exams & Career, Black Magic Specialist, Clear Negativity, Bad Luck, Protection, Sexual Problems etc. Results in 7 Days Guaranteed.

Call 516-206-8543 and 646-339-9948 www.spiritualsaidou.com





#### **POWERFUL AFRICAN** SPIRITUAL READER

Highly gifted & powerful spiritual healer fluent in English & French All matter of life issues, personal growth guidance & charity in finance, love, career, black magic specializing in removing evil spirits, voodoo, jaadoo, bring back loved ones, protection guaranteed. Quick Results. 100% Guaranteed.

One Call, One Visit Will Change Your Life CALL MR TASLIMY AND GET HELP 917-385-9382 www.taslimyadvisor.com



Business

Money

Family

Love

Enemy

Marriage Spiritual Sexual House

Husband & Wife Job or Work

Jealousy FOR ANY PROBLEMS BLACK MAGIC EVEL SPIRTS, BAD CURSE VOODOO, OBEAH, BAD LUCK

JEALOUSY, BLOCKAGE & ALL EVILS

NORLD FAMOUS ASTROLOGER & SPIRITUALIST



PERMANENT PROTECTION 100% GUARANTEED RESULTS

Marriage Business Spiritua Sexual Family Husband & Wife Enemy Job or Work Jealousy Lucky Lotto Property

718-414-7866 EXPERT IN REMOVAL OF Black Magic, Evil Spirits, Bad Curse Joedon, Obeah, Bad Luck, Blockage & Gives Unbrackable Protections olvos Problems: Health, Mency, Job Love, Family, Children, Divorce Negative, Securities, Negative, Securities, 180% GUARANTEED RESULTS FREE READINGS ON MONDAYS & SATURDAYS 72T FLAT BUSH MW. BROOKLYN NY 11225 TRAIN Q

NDIAN ASTROLOGER

#### **JOBS**

Campaign Jobs Help Doctors save live across the world. Work for Grassroots Campaigns on behalf of Doctors Without Borders Earn \$12-\$16 per hour Full-Time/Part-Time/Career CALL Parker at 212-219-1502

#### TELMKTRS F/T EXP ONLY MADE YOU LOOK!!!

Now All You Have To Do is Call, Salary + Comm. +

Bonus = \$8.-\$12/Hz David (212) 563-7500

No exp nec/Must be 18+ No HSD/GED Required

**IOBS** 

General Help Wanted

#### SIGHTSEEING BUS TICKET AGENTS

Start today! Paid daily

**Choose Hours up to 35% comm** 

2 East 42nd Street 212-664-0300

#### **Bus Driver**

Exp'd w/class A or class B drivers lic.

Bfts. Paid training 212-664-0300 Jennifer or visit 2 E 42nd St NY NY (off of 5th Avenue)



#### invite you to learn about Volunteer Opportunities in Healthcare

Use your career skills or develop new ones to make a difference in a healthcare setting

When: Thursday, April 14, 2016 4:00pm - 7:00pm

Where: Bellevue Hospital Center Saul Farber Auditorium First Avenue at 27th Street

ADMISSION IS FREE! RSVP to reserve your place

212 889-4805 or info@volunteer-referral.org

#### **NYC Tour Guides Wanted**

PT/FT will train for NYC lic

#### **Open House 10AM every** Wednesday

2 Fast 42nd St NY NY Call 212-664-0300

#### ADMINISTRATIVE ASSISTANT NEEDED!

Job Brief: We are currently seeking for Administrative Assistant to act as a liaison, provide product/services information and resolve any emerging problems that our emerging problems that our clients might face with accuracy and efficiency. The target is to ensure excellent service standards and maintain high customer satisfaction and should have good computer skills. Salary/Weekly: \$505 Interested person(5) Should Interested person(s) Should contact Matt. matt.edwin@outlook.com for



Adobe Systems, Inc. seeks applicants for the following F/T position at its New York, NY worksite: Computer Scientist (Job Code #43368): Deliver large-scale operations, high-availability databases that support critical business lines. Ed or exp. background must include: data theory, design, architecture; change management; clustered database administration; etc Reqs: MS or Equiv & 3 yrs exp. OR BS or Equiv & 5 yrs exp. To apply, applications must indicate Job Code and mail resume and cover letter to: Adobe Systems, Attn: Arlene Batten, 345 Park Avenue, San Jose, CA 95110. Principals only. EOE.



Diagnostic Medical Sonography • Medical Assistant (RMA) Pharmacy Tech (PTCB) • Dialysis Technician Nurse Assistant (CNA) • EKG & Phlebotomy Combo Patient Care Technician (CPCT) Medical Billing (CBCS) • Med Off Administration (CMAA)

Pharmacy Technician (PTCB) CPR (By American Heart Association Valid 2yrs)

Accredited Institute & Lic'd by NYS Ed. YORK MEDICAL CAREER TRAINING CENTER

36-09 Flushing Main St. 718.460.4340 500 8th Ave. NY 212.947.4444

WWW.NYMEDTRAINING.COM

#### Education

#### **HIGH SCHOOL** DIPLOMA

If you're 18 or older you can complete your high school education at home right now in as few as 2 months

212-967-7010

469 7th Ave, 7th Floor (Btwn 35th & 36th Street)

Liberty H.S. Brattleboro, Vt.

#### CAREER TRAINING



Fashion Designing

**New Media Production (Audio & Video)** PCT • HHA • Medical Asst EKG/PHLE/Pharm Tech US Vets

**CNA FREE Training if eligible** A+, BA, QA, SAP - Solar Tech etc Call: 718-263-0750 Now

STUDENTS VISAS @ LOW COST On Queens Blvd Next to E/E Train Q10 Bus 8002 Kew Gardens Rd. Kew Gardens, NY

WWW.ACCESSQUEENS.COM

6/9 DAYS/N.Y. STATE APPROVED, CERTIFICATION & RECERTIFICATION IN BED BUGS, TERMITES. STRUCTURAL. FOOD PROCESSING & LANDSCAPING

**BEDBUG SPECIALISTS JOB ASSISTANCE/BUSINESS** 

1(800) 220-5494 or (718) 205-0557

pestcontrolschoolny.com | pestmanagementsciences@yahoo.com Call or Text #917.653.0319

#### pgrade to CNA/PCT

- Physical Theracy Aide
- harmacy Technician led. Billing & Coding

AM & PM Classes Easy Weekly Payment Plan used by NYSED

Access Careers 5 Elm Place #201, Blanckiyo 866-487-5432

#### **Hiring Full Time Telemarketers**

Cold calling appt setters Hourly salary + bonuses Office In Queens Rego Park, NY

Call: (877) 311-2010

#### **HHA/CNA Training NYSED**

Slow learner? Long time out of school? Job Placement Assistance \$14.09/per hr All benefits included Call #718.349.8003

#### **ITEMS WANTED**

CASH FOR DIABETES TEST STRIPS Up to \$39box! Payment Made SAME-DAY We Receive Your Strips! Call Jenni for a Quate Todoy! 808-413-3479 www.CoshForYourTestSt rlus.com.

## آo place an ad cal

DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

#### **REAL ESTATE**

Rooms for Rent



Private rooms in apt. Fully equipped. Start 150 wifi/cable included Move same day! • (212) 862-0030



metr@classifieds

#### **ENTERTAINMENT**









see who's online now!

EWIRE CHAT" 1-206-876-2929

Club Voice M.A.L.E. 1-206-876-6669

Hot Sexy Amateurs - Live 1 on 1 1-702-216-8888



WANNA HAVE FUN? **Call 212-CHAT NO** (242-8669) TRY IT FREE! 800-HOT-MILF

(468-6453)

718-PANTIES (726-8437)

York Wednesday, April 6,

6 Jungle charger 7 Cartoon frame

9 Mick, the Stone 10 Not in stock (2 wds.)

11 Ibsen heroine

12 Delightful place

8 Look like

13 On its way

21 Bolshoi rival

25 Seaquake aftermath

32 Fakes out, on the rink

33 "Das Boot" craft (hyph.)

27 Witch-hunt locale

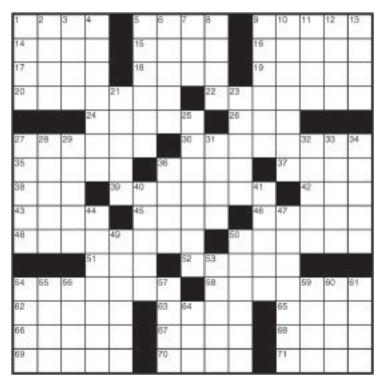
28 Leave-taking

29 Moon rings

31 Garden tiller

23 Does a laundry chore

#### metro.us/crossword



**Across** 

1 Speakeasy risk 5 Rocket trajectories

9 Tommy Lee -

14 Jai -

15 You, formerly 16 Battery terminal

17 Heirs, often

18 Shower liner

19 Bridge expert 20 Russian poet and dramatist

22 Farm worker, often

24 Jet jockey

26 Blushing

27 Dromedary milieu

30 Braced (2 wds.)

35 Bell town of fiction

36 Unstable lepton

37 Ms. McEntire

38 Diamond -

39 Least humble

42 Down for the count

43 Fair-hiring org.

45 Emperor

46 Hippie's money

48 Pizza topping

50 Nice and warm 51 — -pah band

52 Sealing a deal 54 Gear on the slopes (2 wds.)

58 Away from the wind

62 Says "yeth"

63 Centrally located

metro.us /games

65 Buffalo's lake

66 Mooring site

67 Dark blue

**Down** 

1 Rough file

2 Slugger Moises —

3 Holm and Fleming

4 Suds container

5 Hun honcho

69 Hero's acts

70 Fencing weapon

71 Surrealist painter

68 Scaleless fish

36 Japanese soup 40 Element's units 41 Carnivore's delight (hyph.)

34 Rice field

44 Bit down

47 Hay fever culprit

49 Meat counter buys

50 Wild T-shirt (hyph.)

53 Novelist - Cussler

54 Lost traction

55 Cattle, old-style 56 Ocean sighting

57 Batman creator 59 Length x width

60 Small brook

61 Ricky Ricardo

64 Explorer's sketch

#### metro.us/sudoku

#### easy 1 5 3 5 4 3 6 8 7 4 1 9 7 8 7 4 3 8 2 8 1 3 5 9 7 4 5 6 3 1

hard

		9		1		8		3
			7				4	6
6	3	7				5		
3					4		1	
1				5				2
	8		1					9
		6				3	2	4
2	1				7			
9		8		2		1		

#### metro.us/horoscopes



Aries It's a good day to organize and prioritize. Making a last-minute change is your prerogative. Don't change your mind due to a complaint. Look out for your best interests.



Taurus Consider your alternatives when dealing with personal finances, taxes or a medical issue. An opportunity is within reach, as long as you keep everything up to date



a progressive position and aim for accomplishment. A chance meeting with someone special will lead to a romantic opportunity. Cancer Be ready, willing and able to adapt to

unavoidable changes that come your way. Use

your imagination and look for creative ways to

Gemini You'll have the advantage if you take



improve your personal life. Leo Expand your mind. Ask questions and delve into situations that will help you grow mentally and spiritually and that could lead to a healthier



Virgo Don't give in to manipulation or be tempted to overspend or take on the impossible. Weigh the pros and cons before you make

#### Yesterday's answers



lifestyle.

Can't wait until tomorrow to check your answers? Visit metro.us



Libra Emotions are best dealt with before they have a chance to fester. Harness your energy and reap the rewards of a positive attitude and a desire to have fun.



Scorpio Make positive changes to your living quarters. A difference of opinion will give you a chance to see a situation from a unique perspective. Discussion will lead to solutions.



Sagittarius Someone will have questionable motives. You can outsmart anyone trying to make you look bad by offering friendship and maintaining a stellar reputation.



**Capricorn** You'll face opposition if you try to bring about changes that will affect others. You are best off getting approval first if you want the support required to reach your goal.



Aquarius Get back to the hobbies and physical activities you enjoy doing most. Time spent with a loved one will bring you closer together. A new look will enhance your appeal.



Pisces Take the time to explore your options in order to get a better sense of what you want to achieve. Rely on resources that have been dependable in the past. EUGENIA LAST

As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • Metro New York 120 Broadway, New York, NY 10271 • main 121-457-7790 • to advertise 212-457-7735 • sales fax 212-952-1505 • Associate Publisher Ed Abrams • U.S. Circulation Director Joseph Laudetta • U.S. Marketing Director Wilf Maunoir • email sales advertising@metro.us • email distribution distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice • Editor in Chief Frank Burgos, frank.burgos@metro.us • National News Editor Morgan Rousseau, morgan.rousseau@metro.us • National News Editor Morgan Rousseau, morgan.rousseau@metro.us • National News Editor Morgan Rousseau, morgan.rouseau@metro.us • National News Editor Morgan Rousseau, morgan.rouseau@metro.us • National News Editor Morgan Rousseau, morgan.rouseau@metro.us • National News Editor Morgan Rousseau. • Film Editor Matt Prigge, matt.prigge@metro.us • Wellbeing/Going Out Editor Eva Kis, eva kis@metro.us • Travel Editor Rachel Vigoda, rachel Vigoda@metro.us • National Sports Editor Matt Burke, matt.burke@metro.us



In 2012, she needed a new liver. In 2016, she just needs a nap.

Organ donation is beautiful. Sign up @ LongLiveNY.org/Matilda